

**Clergywoman's Gathering**, *"Living in Balance: Recapturing Our Creativity"*, April 7-9, 2010, at Mount Sequoyah Conference Center, 150 NW Skyline Drive, Fayetteville, Arkansas. The gathering will focus on recapturing our creativity as well as offering a time of renewal, learning and fellowship with other women in ministry. CEU's will be available. Contact: Rev. Kim Ross at [spiritualdirector@mountsequoyah.org](mailto:spiritualdirector@mountsequoyah.org), 800-760-8126. Cost varies from \$325-\$285.

**Lenten Sermon Writing Retreat**, January 11-15, 2010, Mount Sequoyah Conference Center, 150 NW Skyline Drive, Fayetteville, Arkansas. Clergy and lay ministers are invited to come undertake their in-depth preparation and sermon writing for this season. Cost \$395, Commuter \$155. For more information, contact Rev. Kim Ross at 800-760-8126, email [spiritualdirector@mountsequoyah.org](mailto:spiritualdirector@mountsequoyah.org), or go to [www.mountsequoyah.org](http://www.mountsequoyah.org).

Longer description of each event:

### **Lenten Sermon Writing Retreat**

Preachers, how will you prepare for the busy Lenten season? "Jesus...went off to a solitary place..." (NIV, Mark 1:35)—and preaching persons might consider the same! Clergy and lay ministers are invited to come to Mount Sequoyah Conference Center in Fayetteville, Arkansas, January 11-15, 2010 for the peace and hospitable space to undertake your in-depth preparation and sermon writing for this season. You'll be provided with the privacy of a single room with private bath, twelve meals, and ample time to write and study. Our lightly programmed week will include daily Lenten preaching seminars with a different guest preacher each day, morning prayer, and lunchtime roundtable discussions. Cost: \$395 per person, Commuter \$155. For an additional fee, private sessions are available for spiritual companionship, contemplative healing touch, and massage. For more information, please contact Rev. Kim Ross at 800-760-81236 or [spiritualdirector@mountsequoyah.org](mailto:spiritualdirector@mountsequoyah.org).

### **Clergywomen's Gathering**

*"Living in Balance: Recapturing Our Creativity"*

How do we live in balance when we are pulled in many directions? The clergywomen's gathering at Mount Sequoyah Conference Center in Fayetteville, Arkansas April 7-9, 2010 will focus on recapturing our creativity as well as offering a time of renewal, learning and fellowship with other women in ministry. The keynote speaker will be Rev. Yolanda Villa, District Superintendent of the Heartland Central District, Missouri Conference. The gathering will include small group workshops on "Living the Story", "Soul Strings", "Self- Exploration through Mask Making", "The Art of Eating Mindfully" and "Discernment". These workshops are designed to spark our creative spirits and renew us for the work of ministry within the greater context of "living in balance". CEU's will be available.

All women in vocational ministry in the United Methodist Church as well as our clergy sisters from other denominations are invited to attend. Contact: Rev. Kim Ross at [spiritualdirector@mountsequoyah.org](mailto:spiritualdirector@mountsequoyah.org) or call 800-760-8126.

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